

Do Men Make Better Cleaners than Women

Before you jump off your high horse and talk of sexism and the subjugation of one particular gender by another, there is no evidence that men are better at cleaning than women. Nor is there evidence that women excel more than their male counterparts in this arena.

As a species, we like to gender divide and, over the years, we have done so on a regular basis: women are better drivers than men, men are good at map reading because they have greater “spatial awareness”, all the good comedians are men, women can endure greater pain because they have given birth.



Generalizations are wonderful things but they are mostly inaccurate, pointless and often derogatory. They take traits that can be applied to one individual and stick them onto a group of people.

- Women make better cleaners because they are tidier and more organised.
- Men are more efficient and better with mechanical devices.
- Women still do most of the cleaning around the home despite the breakdown of the gender divide in recent years (this one may actually be true).
- Men are better planners and attack cleaning like a military campaign.
- Women are more likely to feel judged for untidiness and therefore spend more time cleaning.

The truth is there are good cleaners and bad cleaners, just as there are good workers and bad workers, in any walk of life. The gender divide has little or nothing to do with it.

In domestic households across the world there are people who like a tidy house and those who don't much care for it. They can be male or female. To decide that one is more concerned or better at cleaning than the other, based purely on gender, is frankly wrong.

Men are more efficient cleaners because they get the job done quickly and do it properly. They treat it like work and not a chore to be got through. They do it quicker and more thoroughly than women who often procrastinate and spend too much time on a particular task.

In terms of rankings based on customer's reviews here at Squeaky Clean House, of the cleaning job & dependability since 2012, our male cleaners average about 20% fewer complaints than our female cleaners. Part of this is because women today are responsible for so many things like getting the kids to school, daycare etc. However, when it comes to you getting your house cleaned on a Friday before that big party, the reasons as to why Male cleaners score higher do not matter. All that matters is did they show up and get the job done well, not why they did or did not.

